

## Book Excerpts

Because science and the supernatural have undergone a bitter divorce, we modern folk now go to one facility to worship and pray, and we go to a different facility entirely to tend to our physical wounds and maladies. But this was not always so. In antiquity, the worlds of pathology and the paranormal were inextricably entwined. To sever the two now will only serve to keep both sides in the dark.

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Centuries ago, the apostle John warned the Body of Christ to beware of false prophets and antichrists. The book of 1 John offers guidance on how to discern fact from fiction, friend from foe. Sadly, the twenty-first century wolves have concocted some rather convincing sheep costumes, and these shysters are becoming increasingly difficult to detect. The apostle Paul also forewarned us that a day was coming when the false prophets wouldn't be guys with a head full of black hair dye, decked out in pentagram medallions, tattoos, and heavy metal t-shirts; but they would "masquerade as servants of righteousness," and that Satan himself would appear as an "angel of light" (2 Cor. 11:13–15).

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Historically, SP sufferers have told macabre stories of dark entities, shadow people, paralyzation, and terror. But in this new era of paranormal disclosure, the false prophets coming to us from beyond the veil aren't baring vampiric fangs or cackling like hags—they are presenting themselves as angels, spirit guides, or dearly departed loved ones. Rather than fright, victims express being filled with almost orgasmic levels of joy, peace, and love after encountering these beings. And while these experiences might bring on a temporary high, these "angelic" entities have the same end game as their historical "demonic" counterparts—to lure us into the arms of an awaiting messiah—their messiah, not ours.

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While many SP sufferers report elevated levels of fright, terror, paralyzation, a crushing weight upon their chest, strangulation, or some notion of a fear of being murdered or dragged off to hell, there is yet another category of sleep paralysis that most sufferers do not want to speak of given its taboo nature: incubi and succubi visitations—seductive sexual predators. And these ubi visitations bear a striking resemblance to vampire lore.

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I don't want to burst your bubble, but to Scot's point, the ubi entities are considered to be the bottom of the barrel on the angel org chart. In fact, the entire astral realm is really nothing more than the ghetto of the spiritual realm. Exploring the astral realm is the equivalent of saving for years for a dream vacation to Paris but winding up in front of the Eiffel Tower replica outside the

Paris Las Vegas casino.

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We can speak all day about invitation, but unless a guy with fangs and a black cape shows up at your door, politely informing you that he wants to suck your blood, invitation is a rather vague, if not altogether unhelpful concept. Without something more concrete, many of us will unwittingly swing wide all sorts of dimensional doors to the astral world and demonic realms. So, let's get down to the brass tacks. Here are some of the methods of invitation that give astral and demonic entities access to our hearts and homes.

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Because sleep paralysis is, I believe, an attempt on behalf of the demonic realm to lure human beings into binding threshold covenants with second heaven entities—with soul transformation as the ultimate aim—it would behoove victims of SP harassment to prayerfully determine whether or not they have entered into any dark covenants or threshold agreements and, if they have, to break those oaths.

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For many SP sufferers, the actual attack lasts around ten to twenty minutes, but this is only half the battle. Depending upon the severity of the attack, the rest of the night, the next morning, and sometimes for days or weeks that follow, the anxiety, dread, and fear of a repetition of the experience may linger or even intensify. Some even report feeling a weight of oppression hanging over them or following them around. Some report poltergeist-like activity during waking hours after an attack. Others report not sleeping soundly for days to weeks afterwards, or staying up late to avoid having to go to sleep. It is not unusual for these entities to linger longer than the actual attack, so continue to pray and ask prayer partners to pray over you the next morning that all lingering aftereffects be dissolved.